Today’s employers are looking for leaders who can see problems through varied lenses and work cooperatively with others at a high level to solve them. This is why Saint Mary’s University’s Lasallian Honors Program is a good choice for qualifying students.

The Lasallian Honors Program offers a challenging but streamlined pathway through our Integrated General Education Program.

First Year Experience
Built around perennial questions found in the Great Books, you’ll start your Saint Mary’s education with a common set of courses that’ll help you:
- explore common texts in shared inquiry seminar
- connect with your classmates to build a solid cohort
- refine your speaking, writing, and critical thinking skills
- locate your place in the Lasallian community
See the checklist on the back to begin personalizing your path.

Your Saint Mary’s experience also includes community events and activities like art performances, wellness workshops, co-curricular engagement, and more. You’ll begin tracking your curricular and co-curricular pathway in an e-portfolio, where you can integrate what you learn at each step to be ready to present yourself to future employers.

IGEP Minor
Begin working toward your integrated general education minor in Lasallian Honors.

Environmental Sustainability
Examines our environment as the biological, economic, and cultural surroundings we depend on and interact with, considering wise stewardship of resources.

Creativity and Inquiry
Explores the role of inquiry, intelligence, creativity, and innovation in human endeavors.

Global Diversity and Social Justice
Focuses on diversity of populations, the distribution of resources, and issues of global and social justice.

Self, Society, and the Sacred
Evaluates how people from a variety of times and cultures have explored responsibility to ourselves, our society, the natural world, and the sacred.

Lasallian Honors (for students in the Lasallian Honors program only)

Take classes from multiple disciplines to explore big questions, learning to integrate knowledge as you wrestle with challenging issues and work to address real-world problems.

Integrated General Education Capstone
Finally, pull together what you learned in your major and IGEP Minor to complete a project that leaves a mark on the community.
Step 1: Lasallian Honors Anchor Course Section

LH110 is your First Year Experience Anchor Course. It will anchor your first year with your instructor (who serves as your first adviser until you declare a major) and your classmates, forming a core of connections for your life at Saint Mary’s. LH110 is also the first of seven courses in the LH sequence of interdisciplinary seminars that form your streamlined IGEP path.

Step 2: Choose First Year Experience Courses

One of the functions of the Integrated General Education Program is to build skills you’ll use in college and in your career. In addition to your LH110 class, most students will take one or two additional First Year Experience courses their first semester. Based on the course descriptions below, rank your first and second choice.

QR101: Quantitative Reasoning
This course helps students become more quantitatively literate through providing them opportunities for making decisions, reasoning from evidence and communicating results. It incorporates the common themes of place, purpose and well-being through problem solving, introspection, civil discourse, and environmental sustainability.

TH111: Thinking Theologically: First-Year Experience Theology
An introduction to the methods and practices of thinking theologically that examines some of the major questions people have asked and found answer to within religious contexts, especially the Judeo-Christian narrative. This course pays particular attention to the human experience of suffering and how those different experiences shape our theological questions, both past and present.

Why did you assign the rankings that you did? Are you focused on building skills you need? Are you motivated by personal passions? Do you feel the temptation to avoid a class? Why? What do your rankings tell you about your approach to college and to learning?

Quick Check

College Credit
Do you have AP or other college credits? Send official university or college transcripts and/or AP scores to the registrar 700 Terrace Heights #37, Winona, MN 55987-1399. Accepted credits are entered on your Saint Mary’s transcript, which you can view in your portal.

- List courses you have taken below to help prepare for advising and course registration.

Plan for Balance
Aside from your major and the LH program, do you want to study Spanish, dance, play an instrument, sing, act, make art, or pursue some other passion? You can do that at Saint Mary’s! Talk with your adviser about your interests and passions. They will explain options and connect you with someone from those departments to make sure your first semester has balance.

- List your interests and passions below to help you keep track:

Portal Basics
Your portal houses all information related to academic advising and course registration. This includes your transcript/transfer credits (including AP credits), course offering for Fall semester, your class schedule, grades, course placement information, FERPA designations, and more.

Specific reminders for today include:
1. Check your FERPA designations and emergency contact. Remember, list any family members who are helping you pay for college as receiving access to financial information so they will receive billing notices and can ask questions about your bill.
2. Select “FA19 College” for this registration session.
3. Check placement for English and math.
   My English placement is ____________________.
   My math placement is ____________________

04/2019