

5-Day Study Plan (Photocopy for future exams.)

Course: _____ Test Date: ____/____/____

Count back 5 days from test date.	Rehearsal and Study Aid Preparation (oldest material first) <ul style="list-style-type: none"> - Organize materials - Prepare flash cards - Predict questions - Prepare practice test - Prepare aids for group study session 	Predict Prep Time	Active Review Methods <ul style="list-style-type: none"> - Take a timed practice test - Group study session - Practice concept or flash cards - Repeat answers out loud - Group flash cards into topic areas - Outline answers to possible essay questions 	Predict Review Time
Day 1 Date:	Chapters / Sections: _____ <u>Test Topic</u> <u>Create Study Aids for Topic</u> 1. 2. 3.	Hours:	1. 2. 3.	Hours:
Day 2 Date:	Chapters / Sections: _____ <u>Test Topic</u> <u>Create Study Aids for Topic</u> 1. 2. 3.	Hours:	1. 2. 3.	Hours:
Day 3 Date:	Chapters / Sections: _____ <u>Test Topic</u> <u>Create Study Aids for Topic</u> 1. 2. 3.	Hours:	1. 2. 3.	Hours:
Day 4 Date:	Chapters / Sections: _____ <u>Test Topic</u> <u>Create Study Aids for Topic</u> 1. 2. 3.	Hours:	1. 2. 3.	Hours:
Day 5 Date:	Chapters / Sections: _____ <u>Topics I still struggle with</u> <u>Additional Study Aids for Topic if Needed</u> 1. 2. 3.	Hours: 5-day Total Hrs:	1. 2. 3.	Hours: 5-day Total Hrs:

5-DAY STUDY PLAN CALENDAR


(Color code using legend)

LEGEND: Class-time Study Time Test Day!
 Work Guilt-free Time

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 a.m.							
5:30							
6:00							
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12:30							

EXAMPLE: Completed 5-Day Study Plan

Course: USU 1300 Test Date: 10/22 /

Count back 5 days from test date. 	Rehearsal and Study Aid Preparation (oldest material first) - Organize materials - Prepare flash cards - Predict questions - Prepare practice test - Prepare aids for group study session - Create visual organizers - Compare / Contrast Chart - Timeline - Concept Map - Process Diagram	Predict Prep Time	Active Review Methods - Take a timed practice test - Group study session - Practice concept or flash cards - Repeat answers out loud - Group flash cards into topic areas - Outline answers to possible essay questions - Attend SI session - Take online practice test - Study professor's study guide - Review text annotations out loud - Practice with online flash cards - Practice taking an old exam	Predict Review Time
Day 1 <i>Sat.</i> Date: 10/16	Chapters / Sections: <u>15, 16, 17</u> <u>Test Topic</u> <u>Create Study Aids for Topic</u> 1. <i>Judicial review process.</i> <i>Create a diagram of process</i> 2. <i>Powers of the court</i> <i>Create a comparison chart</i> 3. <i>Civil liberties: religion</i> <i>Answer study guide questions</i>	Hours: 2.5	1. <i>Create diagram from memory</i> 2. <i>Photocopy & fill-in incomplete chart from memory</i> 3. <i>Rehearse answers out loud; attend SI</i>	Hours: 2
Day 2 <i>Mon.</i> Date: 10/18	Chapters / Sections: <u>15, 16, 17</u> <u>Test Topic</u> <u>Create Study Aids for Topic</u> 1. <i>Judicial review case: Marbury v Madison</i> <i>-Outline key points from notes</i> 2. <i>Religion: free exercise & establishment</i> <i>-Concept cards for definitions</i>	Hours: 2	1. <i>Review cards - out loud or with study partner</i> 2. <i>Write Answers to prof's study guide questions</i>	Hours: 1.5
Day 3 <i>Tues.</i> Date: 10/19	Chapters / Sections: <u>16 & 17</u> <u>Test Topic</u> <u>Create Study Aids for Topic</u> 1. <i>Freedom of speech & press</i> <i>-Chart with details & characteristics of 1-3</i> 2. <i>Privacy rights</i> 3. <i>Civil rights</i>	Hours: 1.5	1. <i>Make incomplete chart; fill-in from memory</i> 2. <i>Discuss study guide questions in SI</i> 3. <i>Practice writing answers to study guide questions</i>	Hours: 2.5
Day 4 <i>Wed.</i> Date: 10/20	Chapters / Sections: <u>6</u> <u>Test Topic</u> <u>Create Study Aids for Topic</u> 1. <i>Rational self-interest theory</i> <i>-Review notes; create summary</i> 2. <i>Political party system</i> <i>-Re-create chart from prof's lecture</i> 3. <i>Election laws</i> <i>-Make chart of advantages/disadvantages</i>	Hours: 2	1. <i>Answer study guide questions</i> 2. <i>Quiz self using incomplete chart</i> 3. <i>Review out loud</i> 4. <i>Check answers with study group</i>	Hours: 2
Day 5 <i>Thurs.</i> Date: 10/21	Chapters / Sections: <u>1</u> <u>Topics I still struggle with</u> <u>Additional Study Aids for Topic if Needed</u> 1. <i>U.S. voter characteristics</i> <i>-Outline characteristics</i> 2. <i>Constitutional decentralization</i> <i>-Review notes; create summary and diagram</i>	Hours: 1.5 5-day Total Hrs: 9.5	1. <i>Create test questions; quiz study group</i> 2. <i>Review outline and diagram with study group</i> 3. <i>SI test review</i>	Hours: 2.5 5-day Total Hrs: 10.5